

**SUMMER  
2026**



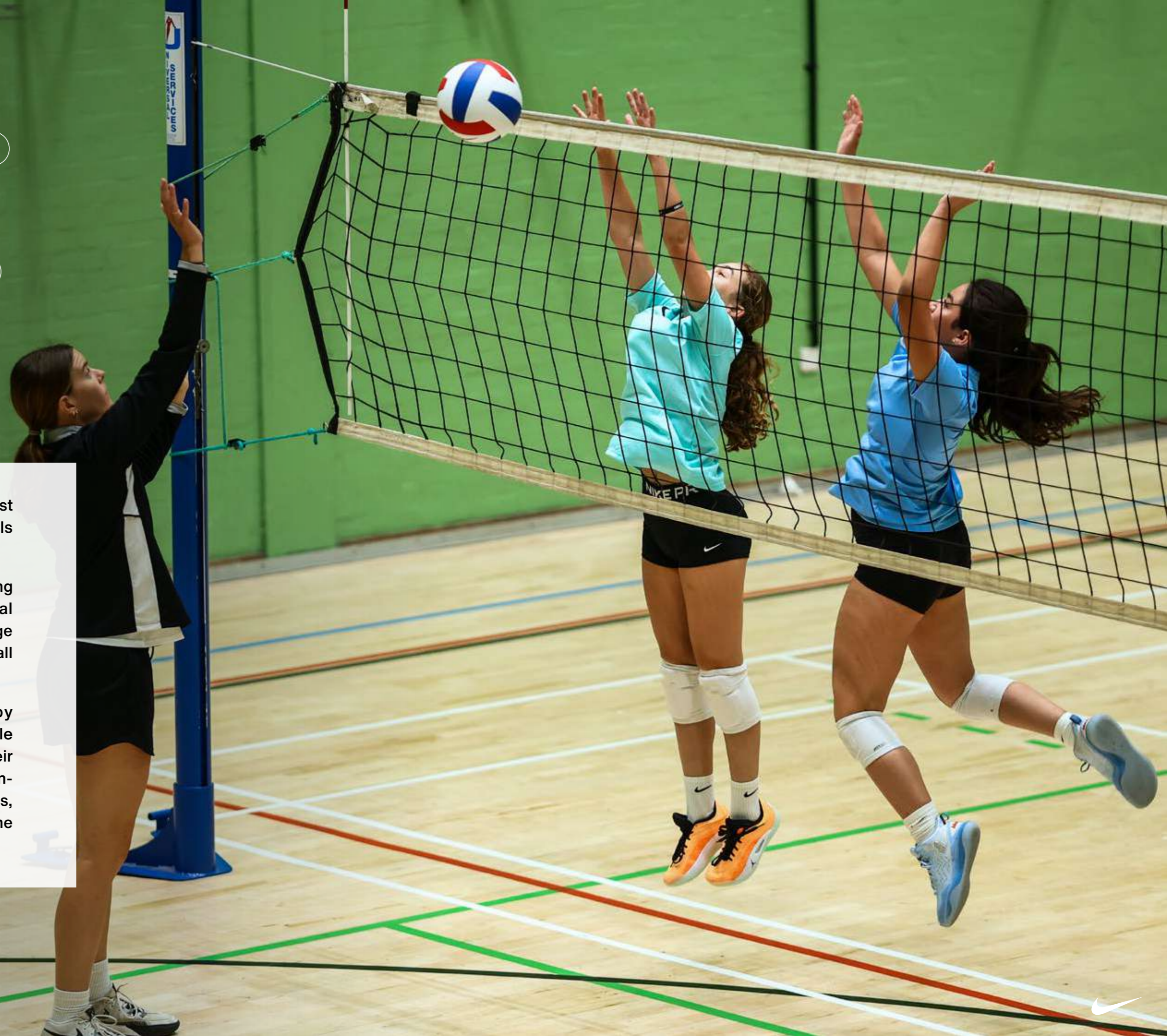
# **NIKE VOLLEYBALL CAMPS.**

# LEARN. TRAIN. PLAY.

Residential 1- or 2-week camps in July and August for girls aged 11-17 at two leading private schools near London and Winchester.

Players can choose to focus entirely on developing their game on and off the court with the Total Volleyball option or improve their English language skills alongside their volleyball with the Volleyball + English option.

The coaching programme is developed by professional players, and is designed to enable young volleyball players of any ability to hone their skills and improve their game. Camps are action-packed with training, workshops, and fun activities, enabling players to progress while having the time of their lives.





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# CAMP OPTIONS

Choose from either **TOTAL VOLLEYBALL** or **VOLLEYBALL + ENGLISH**.  
Both options are available as a 6- or 13-night camp.

## OPTION 1

### TOTAL VOLLEYBALL

- Up to 24 hours a week of volleyball coaching and match play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

## OPTION 2

### VOLLEYBALL + ENGLISH

- Up to 24 hours a week of volleyball coaching and match play
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

## ALL CAMPS INCLUDE



PRO VOLLEYBALL  
COACHING



24/7  
SUPPORT STAFF



ON-SITE  
ACCOMMODATION



EXCLUSIVE NIKE  
GIFT PACK



SPORTS WORKSHOPS  
OR ENGLISH LESSONS



3 NUTRITIONALLY  
BALANCED MEALS A DAY



EXCURSIONS TO  
CITIES + LANDMARKS



COACHING REVIEW  
+ CERTIFICATE





# CAMP VALUES

At the heart of everything we do on camp are our values:  
Drive, Resilience, Empower, Adapt, Mentor and Success  
– which together form DREAMS

## WHERE DREAMS ARE MADE

Our values are designed to equip players with the qualities and skills to thrive both in sport and life. Each day of camp is built around one of these values, shaping the focus of coaching sessions, afternoon workshops, and English lessons. Together, players will explore what these values mean and how they can embody them while on camp and carry them forward long after they leave.



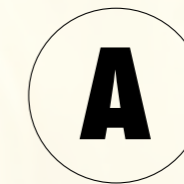
**DRIVE**  
Give your best effort  
in everything you do



**RESILIENCE**  
Be brave enough  
to step outside  
your comfort zone



**EMPOWER**  
Support each other  
and share positive energy



**ADAPT**  
Be open to change  
in order to grow



**MENTOR**  
Be a positive role model  
by showing respect  
and kindness



**SUCCESS**  
Celebrate each other's  
successes and everyone  
becomes stronger





# GIRLS IN SPORT

## STRONGER TOGETHER

We are committed to empowering girls in sport by providing them with the tools, knowledge, and inspiration they need to excel both on and off the field. Every year, our camps bring together girls from around the world to strengthen their self-belief, build lasting connections, and experience the power of community. The friendships they make here aren't just fun - they're formative. Because when girls support each other, they grow stronger, play better, and go further.

**HOW WE HELP GIRLS FEEL AT HOME ON CAMP**

**FEMALE ROLE MODELS**  
Inspiring girls through strong, supportive female leaders

**FRIENDSHIPS AMONG GIRLS**  
Connecting girls from around the world

**BUILDING CONFIDENCE**  
Helping girls thrive on and off the field

**SENSE OF INDEPENDENCE**  
Encouraging accountability and self-sufficiency





# COACHING

## 360° VOLLEYBALL

The coaching team create a high-energy and fun training environment that motivates and inspires players to reach their full potential. With different camp venues tailored for age and ability levels, coaches challenge players to develop and refine technical skills including passing, setting, serving, hitting, blocking and defensive/offensive strategies.

## RAISE YOUR GAME

Coaches share their own experiences about what it takes to raise your game to the highest level. They equip players with a better understanding of the game and how to continue to progress at home. Fitness and conditioning drills are used to improve footwork, balance and speed.

## ON COURT



TECHNIQUE



TACTICS



ATHLETICISM



COMMUNICATION



MATCH PLAY



# MEET THE VOLLEYBALL DIRECTOR



## PHOEBE BELL

Phoebe is an Australian professional volleyball player with more than 10 years of experience competing at the highest level. She was an NCAA D1 Athlete with a dual scholarship in Indoor and Beach Volleyball. She is a Beach Pro Tour Athlete and a former National Team player for Australia.

She brings a passion for empowering and developing young female athletes, creating a supportive camp environment which nurtures the individual and challenges them to improve. Through her expert coaching and inspiring experience, Phoebe guides campers to grow their skills, build confidence, and develop both on and off the court.





# TOURNAMENT DAY

## PLAY TO WIN

At the end of each week, players put their new skills to the test in a tournament.

This event is the culmination of each player's training, enabling them to adopt the mindset of a professional athlete and understand what it takes to succeed in competition. The highlight of the week, tournament day is fiercely competitive and full of fun!

RULE  
THE  
GAME



**OUR GOAL IS TO INSPIRE  
AND EMPOWER YOUNG  
FEMALE ATHLETES IN AN  
INCLUSIVE ENVIRONMENT  
WHERE THEY CAN REACH  
THEIR FULL POTENTIAL.**

PHOEBE BELL  
VOLLEYBALL DIRECTOR





# ENGLISH TEACHING

## WHAT TO EXPECT




Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing professional players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

## HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

## WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT



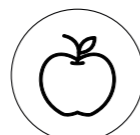


# WORKSHOPS

## WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops based on the DREAMS curriculum. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the court. They also follow a series of recovery exercises, such as yoga, helping players manage the workload of training twice a day.

## WORKSHOP EXAMPLES



**NUTRITION**  
WHY WHAT YOU EAT  
AND DRINK MATTERS



**RESPECT**  
CREATING A CULTURE  
OF TRUST AND RESPECT



**ELITE PERFORMANCE**  
WHAT IT TAKES TO PERFORM  
AT THE HIGHEST LEVEL



**RESILIENCE**  
HOW TO BOUNCE BACK  
FROM DIFFICULT SITUATIONS



**GOAL SETTING**  
TAKING ACTIVE STEPS TO ACHIEVE  
YOUR DESIRED OUTCOME



ELEVATE YOUR  
GAME OFF  
THE COURT



# VENUES

Choose from two world-class venues, depending on dates

## WINCHESTER COLLEGE, HAMPSHIRE



## CHARTERHOUSE SCHOOL, SURREY





# WINCHESTER COLLEGE, HAMPSHIRE

## **PRESTIGIOUS PRIVATE SCHOOL WITH STATE-OF- THE-ART SPORTS FACILITIES**

Founded in 1382, Winchester College is one of Britain's oldest and most prestigious independent schools, set within 40 acres of historic grounds in the picturesque town of Winchester. The school boasts excellent on-site sports facilities, including a brand-new multi-million pound indoor sports centre with best-in-class indoor courts. With its remarkable architecture and outstanding sporting resources, Winchester College offers an inspiring environment for players to reach their full potential.

SUITABLE FOR:

- GIRLS AGED 13-17
- DEVELOPING AND ADVANCED PLAYERS



# WINCHESTER COLLEGE

## THE DETAILS

### ACCOMMODATION

Mostly singles, some shared bedrooms

### TRANSFERS

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR)  
54 miles / 82 km
- London Gatwick Airport (LGW)  
71 miles / 110 km

### FACILITIES

- Indoor courts on-site
- Brand new sports centre
- Indoor swimming pool
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop

### EXCURSIONS

#### ALL CAMPS

- London Experience or
- Oxford Tour

#### 13-NIGHT CAMPS ONLY

- Theme Park



## 2026 CAMP DATES

#### 6-NIGHT CAMPS MONDAY – SUNDAY

- 29 Jun – 05 Jul
- 06 Jul – 12 Jul
- 13 Jul – 19 Jul
- 20 Jul – 26 Jul

#### 13-NIGHT CAMPS MONDAY – SUNDAY

- 29 Jun – 12 Jul
- 06 Jul – 19 Jul
- 13 Jul – 26 Jul





# CHARTERHOUSE SCHOOL, SURREY

## **AN INTERNATIONALLY RENOWNED UK PRIVATE SCHOOL**

Founded in the 1600s, Charterhouse School has been home to Nike Sports Camps since 2019. The school has been on its current site in Surrey, near London, since 1847, with 240 acres of grounds and a breathtaking main school building surrounded by many more modern additions. The school has exceptional sports facilities, including a modern indoor sports centre, an indoor swimming pool, and multiple well-maintained grass pitches. With its impressive campus, Charterhouse provides an inspiring setting for players to learn and grow

### SUITABLE FOR:

- **GIRLS AGED 11-16**
- **ALL VOLLEYBALL ABILITIES**





# CHARTERHOUSE SCHOOL

## THE DETAILS

### ACCOMMODATION

Mostly singles, some shared bedrooms

### TRANSFERS

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR)  
27 miles / 43 km
- London Gatwick Airport (LGW)  
38 miles / 61 km

### FACILITIES

- Indoor courts on-site
- Grass courts on-site
- Tartan athletics track
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

### EXCURSIONS

#### ALL CAMPS

- London Experience  
or
- Oxford Tour

#### 13-NIGHT CAMPS ONLY

- Theme Park



## 2026 CAMP DATES

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- 06 Jul – 12 Jul
- 13 Jul – 19 Jul
- 20 Jul – 26 Jul
- 27 Jul – 02 Aug
- 03 Aug – 09 Aug

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- 29 Jun – 12 Jul
- 06 Jul – 19 Jul
- 13 Jul – 26 Jul
- 20 Jul – 02 Aug
- 27 Jul – 09 Aug





# CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



## THEME PARK

13-NIGHT CAMPS ONLY

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.



## OXFORD TOUR

EVERY OTHER WEEK

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.



## LONDON EXPERIENCE

EVERY OTHER WEEK

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.





# LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Player welfare is at the heart of what we do, and camp life is designed to provide a fun and supportive environment for players to grow in skills and confidence.

## ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

## DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

## MOBILE PHONES

We want players to make the most of their time at camp and connect fully with their fellow campers. Device usage is limited to designated periods, giving players the chance to contact home while encouraging them to engage with others and enjoy the camp experience to the fullest.

## WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to have an incredible experience.




## MEDICAL AND INJURY

Medical staff are available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.






# A TYPICAL DAY




## MORNING

-  BREAKFAST
-  MORNING MEETING
-  VOLLEYBALL COACHING

## AFTERNOON

-  LUNCH
-  ENGLISH OR WORKSHOPS
-  RECOVERY + WELLNESS

## EVENING

-  DINNER
-  VOLLEYBALL COACHING
-  RELAX + LIGHTS OUT





# REVIEWS

Camps are industry-leading, recognised for excellence, and trusted by families around the globe.

★★★★★

**“My daughter came back with many kinds of compliments about her two weeks at Charterhouse volleyball camp, raving particularly about how warm and caring the staffers were. We have heartfelt thanks for this experience; it has changed my daughter. She will remember these two weeks forever.”**

- Susan, USA

Verified Reviewer

★★★★★

**“Very professional and well-organised camps. The location is perfect, as is the staff, sports training and food. My daughter (14) had the best time there this summer.”**

- Hidda, Netherlands

Verified Reviewer

★★★★★

**“It was my daughters 1st time at Nike Sports Camp and she had an absolutely fantastic time, she can't wait to go back again next year.”**

- Christine, United Kingdom

Verified Reviewer

★★★★★

**“Meeting with children from other countries was the highlight. The coaches were very friendly and the program was demanding but enjoyable.”**

- Koralia, Greece

Verified Reviewer

★REVIEWS.io

4.8 Rating 250+ Reviews





# DATES & PRICES

WINCHESTER COLLEGE  
GIRLS AGED 13-17

Developing + Advanced Players

CHARTERHOUSE SCHOOL  
GIRLS AGED 11-16

All volleyball abilities

VOLLEYBALL		UP TO 24 HRS OF VOLLEYBALL A WEEK
Choose from either option:	TOTAL VOLLEYBALL	UP TO 8 HRS OF WORKSHOPS A WEEK
	VOLLEYBALL + ENGLISH	UP TO 13 HRS OF ENGLISH A WEEK

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CAMP PRICES	CONTACT AN AUTHORISED PARTNER
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EXTRAS	STANDARD AIRPORT TRANSFERS UNACCOMPANIED MINOR TRANSFERS
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# BOOK A VOLLEYBALL CAMP TODAY.

## VISIT

[eurosportscamps.com](https://eurosportscamps.com)

## CALL

+44 (0) 203 889 6236

## EMAIL

[info@eurosportscamps.com](mailto:info@eurosportscamps.com)



**EUROSPORTSCAMPS**



**BAC**

ACCREDITED  
SHORT COURSE PROVIDER UK PROVISION

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists. © 2024 Copyright CMT Learning Ltd. All rights reserved. Nike and the Swoosh design are registered trademarks of Nike, Inc. and its affiliates and are used under license. Nike is the title sponsor of the camps and has no control over the operation of the camps or the acts or omissions of CMT Learning.